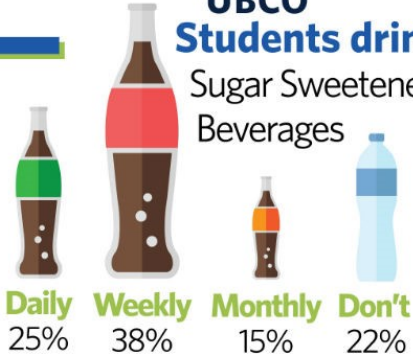


# QUENCH This!

A Healthy Beverage Campus

*Voice*  
CAMPUS HEALTH PROJECT

## UBCO Students drink Sugar Sweetened Beverages



**77%** believe that drinking Sugar Sweetened Beverages **increases** risk of chronic disease

**95%** agree that Canadians need to reduce their intake of **Sugar Sweetened Beverages**

**93%** want more access to free drinking water

**73%** would like labels indicating healthier choices

**40%** supportive of increasing the \$ of Sugar Sweetened Beverages



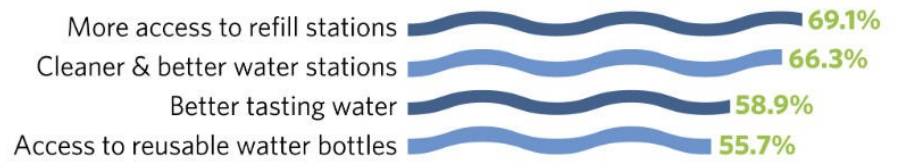
It should be easy...

**1 in 3**

have a hard time finding water on campus



### Students want:



### 3 Easy Steps to Quench your Thirst!

- 1 Join **UBC Drinks Tap Water** campaign [h2omg.ca](http://h2omg.ca)
- 2 Say **NO** to **Sugary Drinks**
- 3 Ask for your **favorite healthy beverage** at **UBCO Food Outlets**



**UBC**